## Allergen Guidance

Please be advised that the Community Fridge team cannot guarantee the risk of cross-contamination of allergens in the bakery goods we share. If you are unsure about a product and have a risk of illness through allergy, please do not take the food.

The bakery goods we share may contain the following allergens:

## Cereals containing gluten

 including wheat (such as spelt and Khorasan), rye, barley and oats



Lupin











